

PL VLB & B 26: Session: 3: Startlist per athlete for TEAM: ZIOS

Coachinfo: Warming up from: 08:20 untill 09:25. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Segers Ellen HEADCOACH

Coaches: Dubois Louis

Coaches: Houtevelt Kyllian

PB => Personal Best time

Athlete: BIESEMANS JANA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BREASTSTROKE WOMEN 13+	24	1	5	03:07.01	03:13.61	10:59 00:48
50M FREESTYLE WOMEN 13+	26	2	3	00:32.39	00:31.93	11:47

Athlete: BOMBAERT LOUIS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BUTTERFLY MEN 13+	21	1	2	01:11.14	01:17.01	10:03 01:10
400M MEDLEY MEN 13+	25	1	6	05:42.36	no time	11:13

Athlete: BOMBAERT MILLA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 13+	26	5	6	00:29.71	00:30.70	11:50

Athlete: DE BACKER BIRGIT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE WOMEN 13+	20	6	6	02:08.98	02:12.40	10:00 01:54
50M FREESTYLE WOMEN 13+	26	9	8	00:27.56	00:28.13	11:54

Athlete: DE BACKER BRENT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY MEN 11+	19	6	3	01:08.13	no time	09:40 02:18
50M BREASTSTROKE MEN 13+	27	3	7	00:34.38	00:36.39	11:58

Athlete: DE PEYPER MATS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY MEN 11+	19	7	1	01:05.71	no time	09:42 02:18
50M BREASTSTROKE MEN 13+	27	5	1	00:31.96	00:32.93	12:00

Athlete: DEROOST BEAU

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE WOMEN 13+	20	2	3	02:24.93	02:26.57	09:48 02:01
50M FREESTYLE WOMEN 13+	26	4	8	00:30.39	00:30.53	11:49

Athlete: DONIN MANON

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BREASTSTROKE WOMEN 13+	24	4	4	02:42.08	02:47.22	11:10

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00:43

50M FREESTYLE WOMEN 13+	26	8	5	00:27.73	00:28.56	11:53
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Athlete: LANDRIEU NORA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE WOMEN 13+	20	6	8	02:13.48	02:13.30	10:00 01:53
50M FREESTYLE WOMEN 13+	26	8	2	00:28.28	00:28.69	11:53

Athlete: VERROKEN GERBEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY MEN 11+	19	8	7	01:02.07	no time	09:43 02:17
50M BREASTSTROKE MEN 13+	27	5	2	00:31.61	00:32.07	12:00

Athlete: VERROKEN MIRTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 13+	26	7	1	00:28.65	00:28.92	11:52

Athlete: VOLCKAERT MATTHIAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY MEN 11+	19	8	2	01:01.38	no time	09:43 01:14
100M BACKSTROKE MEN 11+	23	8	5	01:00.97	01:02.50	10:57 01:02
50M BREASTSTROKE MEN 13+	27	4	5	00:32.27	00:33.13	11:59

Athlete: VOLCKAERT THOMAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BUTTERFLY MEN 13+	21	2	1	01:05.53	01:06.92	10:05 00:49
100M BACKSTROKE MEN 11+	23	6	8	01:09.31	01:12.07	10:54